

A photograph of an elderly couple smiling and embracing each other outdoors. The woman is on the left, wearing a red leopard print top and a necklace. The man is on the right, wearing a blue sweater and glasses. The background is a soft-focus outdoor setting with trees.

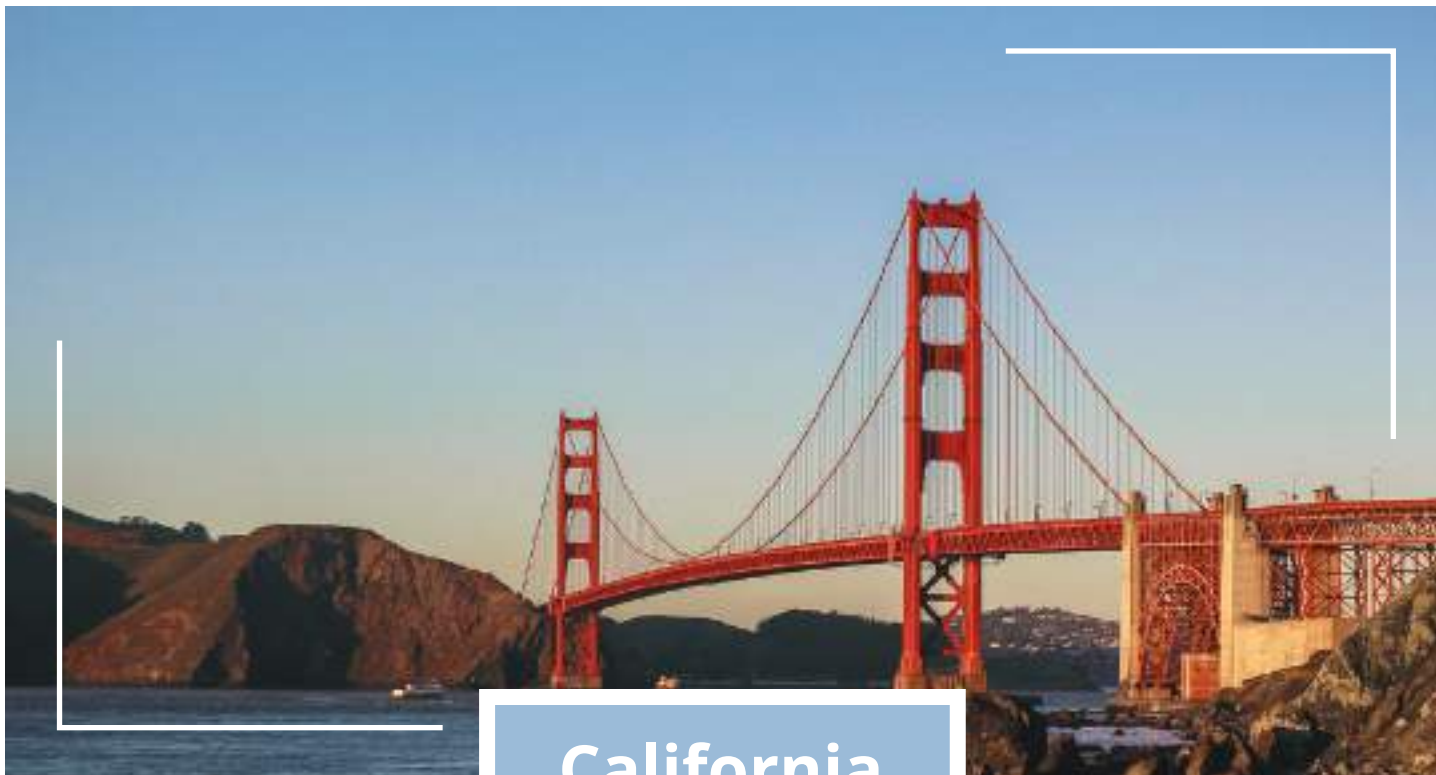
Senior Resource List



As our parents get old, we realize that we need to help them to transition to different stages as elders. They will need to talk with a lawyer, check on their benefits, learn about home health care options, ways to downsize, sell their home, and more.

We have put together resources to help seniors and their families cope with the challenges of aging.

athomecareservice.com



California

State of California Department of Aging:

<https://www.aging.ca.gov/>

Department of Social Services:

<https://www.ccl.dss.ca.gov/carefacilitysearch/>

California Care Planning Council:

http://www.careforcalifornia.net/list03_ca_home_health_care_services.htm

Family Caregiver Support Program:

https://www.aging.ca.gov/Programs_and_Services/Family_Caregiver_Support_Program/

Area Agency on Aging:

https://www.aging.ca.gov/Providers_and_Partners/Area_Agencies/

California Department of Social Service Facility Search:

<https://www.ccl.dss.ca.gov/carefacilitysearch/>

Community-Based Adult Services:

https://www.aging.ca.gov/Providers_and_Partners/Community-Based_Adult_Services/

California Department of Justice:

<https://oag.ca.gov/>

California Hospice and Palliative Care Association:

<https://www.calhospice.org/>

California Alzheimer's Disease Center:

<https://www.cdph.ca.gov/Programs/CCDPHP/DCDIC/CDCB/Pages/CaliforniaAlzheimersDiseaseCenters.aspx>

Medical Board of California:

https://www.mbc.ca.gov/Breeze/License_Verification.aspx

California Prescription Assistance Program:

<https://california.prescriptionassistance.info/about-us>

California Department of Insurance:

<http://www.insurance.ca.gov/01-consumers/105-type/95-guides/05-health/health-ins-guide.cfm>

Long Term Care Ombudsman:

https://www.aging.ca.gov/Programs_and_Services/Long-Term_Care_Ombudsman/

Multipurpose Senior Service Program:

https://www.aging.ca.gov/Providers_and_Partners/Multipurpose_Senior_Services_Program/



California Healthcare Foundation:

<https://www.chcf.org/>

California Moving Companies for Seniors:

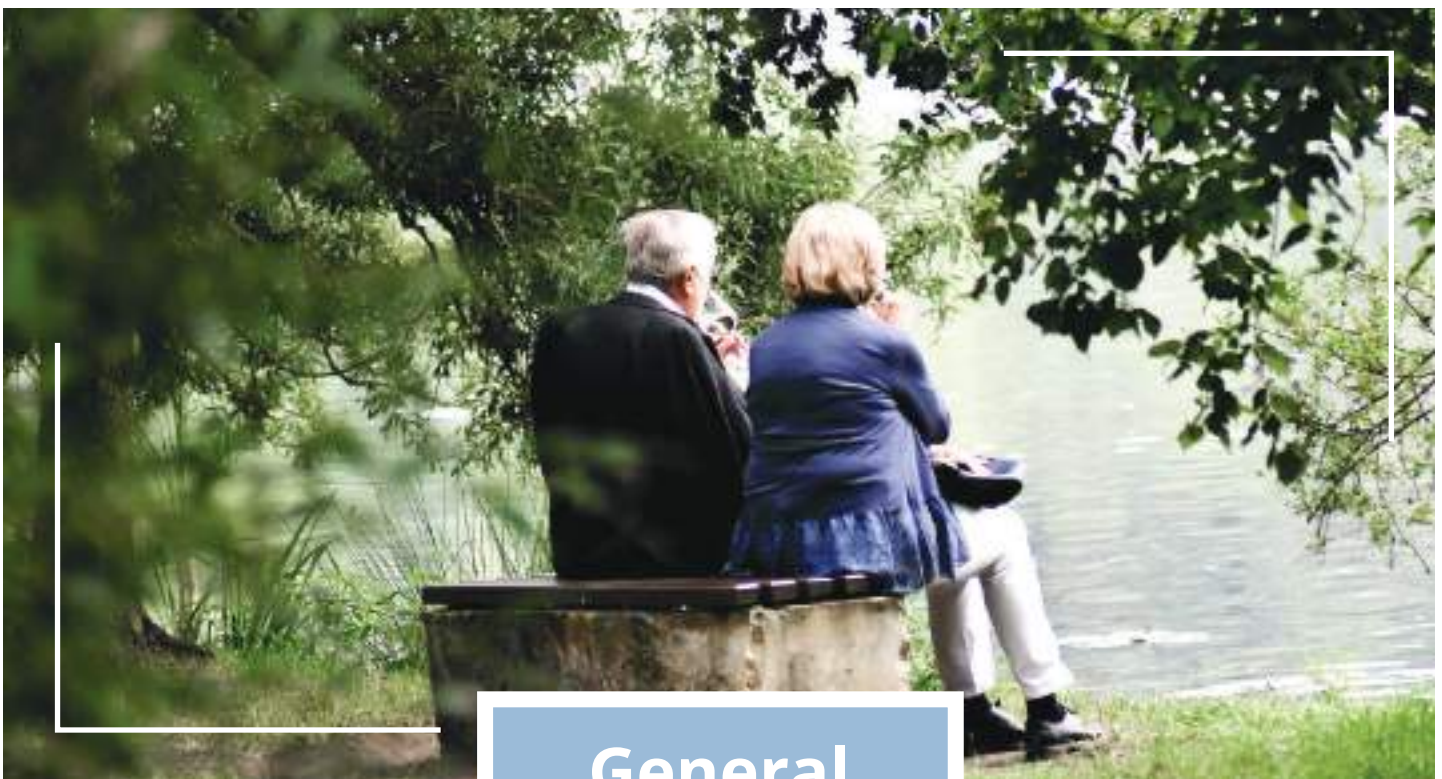
https://www.seniorresource.com/s_mov6.php?STATE=%27CA%27

FHA Reverse Mortgage for Seniors:

https://www.fha.com/fha_reverse#:~:text=An%20FHA%20reverse%20mortgage%20is,no%20longer%20occupies%20the%20property.

California Franchise Tax Board:

<https://www.ftb.ca.gov/>



General

American Association of Retired People(AARP):

<https://www.aarp.org/>

Long Term Care Clearinghouse:

<https://longtermcare.acl.gov/>

Medicaid:

<https://www.medicaid.gov/>

Medicare:

<https://www.medicare.gov/>

Social Security:

<https://www.ssa.gov/>

Services and Advocacy For Gay, Lesbian, Bisexual, and Transgender Elders:

<https://sagenyc.org/>

Department of Veteran Affairs:

<https://www.va.gov/>

Elder Care Locator:

<https://eldercare.acl.gov/Public/Index.aspx/>

Physician Compare Medicare:

<https://www.medicare.gov/physiciancompare/>

Meals on Wheels:

<https://www.mealsonwheelsamerica.org/signup/find-programs>

Senior Farmers' Market Nutrition Program:

<https://www.fns.usda.gov/sfmnp/senior-farmers-market-nutrition-program>





Legal

Elder Law Answers:

<https://www.elderlawanswers.com/>

Justice in Aging:

<https://www.justiceinaging.org/>

LegalShield:

<https://www.legalshield.com/>

National Academy of Elder Law Attorneys:

<https://www.naela.org/>

National LGBT Legal Aid Forum:

<http://www.nclrights.org/>

Financial

American Association of Daily Money Managers:

<https://www.aadmmgny.com/>

American Institute of CPAs:

<https://www.aicpa.org/>

American Institute of Financial Gerontology:

<http://www.aifg.org/index.cfm>

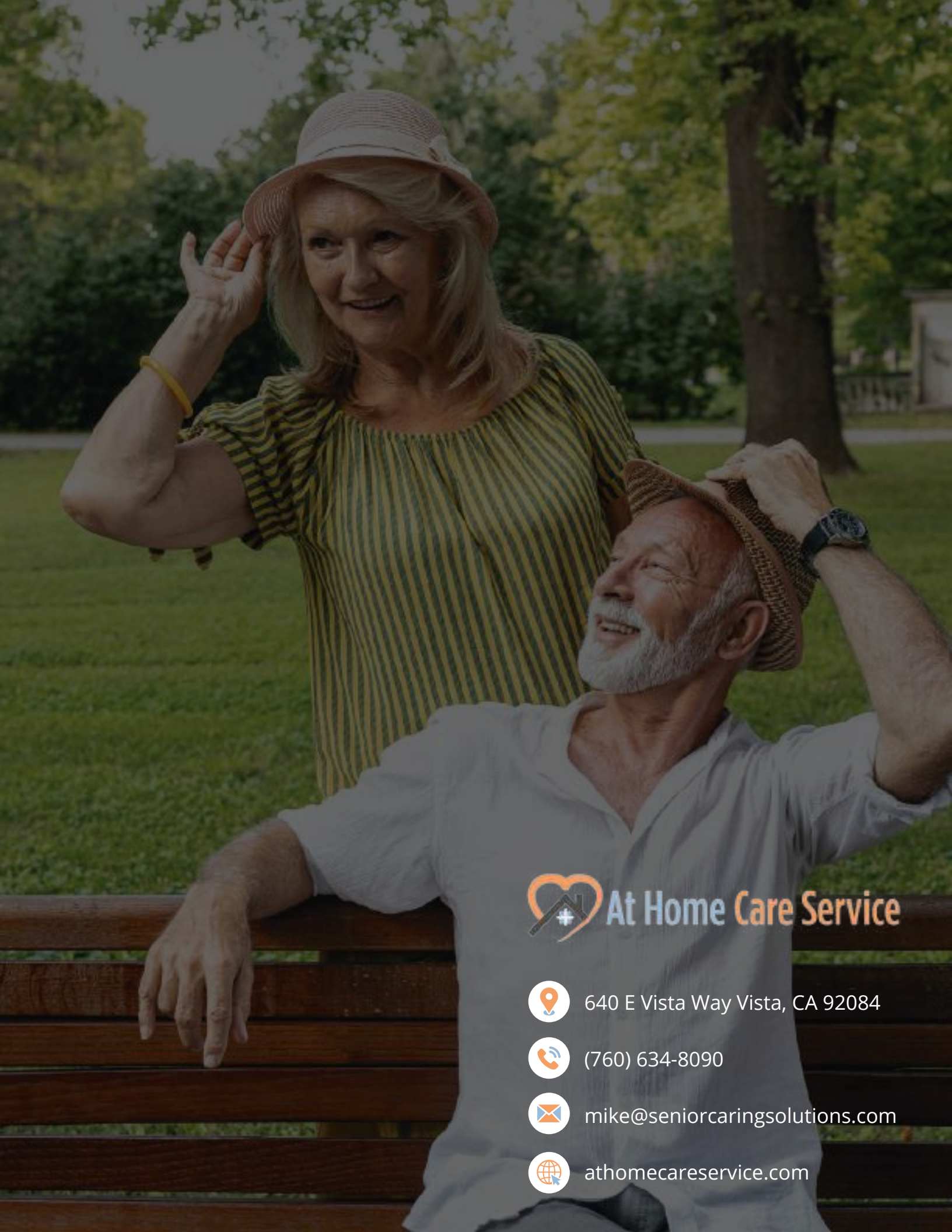
National Association of Personal Financial Advisors:


<https://www.napfa.org/>


National Association of Realtors:


<https://www.nar.realtor/>







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